



**Stowarzyszenie
Staszicowskie**
Stowarzyszenie Staszicowskie jest organizacją pożytku publicznego i ma siedzibę w Staszowie.



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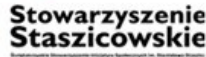


SimPRENA

Simulation 8

Role-play card 1

Nurse Role Card



SimPRENA

Nurse Role Card

Character: You are a calm, empathetic trainee nurse.

Situation:

It is almost the end of a particularly challenging shift. You are called to deal with an agitated patient who is demanding immediate discharge. You know this patient; you have had constant conflict with making him take his medication.

Now you feel your heart beat faster and your palms are sweaty. You take a moment before entering the patient's room and breathe deeply, repeating to yourself *"I can handle this"*.

Key behaviours:

Apply stress management techniques.

Acknowledge the patient's concerns.

Calmly explain the risks of leaving against medical advice (worsening condition, complications) and use open ended questions to find out about the reasons for his frustration.

Ask if there is something outside the hospital, like work or family, that's making him want to leave.

Suggest possible solutions or compromises (modification in treatment, talking to a doctor, further evaluation).

Maintain a non-confrontational tone and body language.